

CYCLE RECYCLE 50 days to 50k`s

This course is for anyone who would like to be able to ride 50kms but doesn't know where to start.

We are a fully inclusive group. That means it doesn't matter what size, shape, sex or ability you are. We all have one goal of riding 50kms. It doesn't matter what bike you have either.

Children must be accompanied by an adult at all times

Day 1	Meet & greet		Day 26	
Day 2	10km 1st ride		Day 27	
Day 3			Day 28	
Day 4			Day 29	30km 5 th ride
Day 5			Day 30	
Day 6			Day 31	
Day 7			Day 32	
Day 8	15km 2nd ride		Day 33	
Day 9			Day 34	
Day 10			Day 35	
Day 11			Day 36	35km 6 th ride
Day 12			Day 37	
Day 13			Day 38	
Day 14			Day 39	
Day 15	20km 3rd ride		Day 40	
Day 16			Day 41	
Day 17			Day 42	
Day 18			Day 43	40km 7 th ride
Day 19			Day 44	
Day 20			Day 45	
Day 21			Day 46	
Day 22	25km 4 th ride		Day 47	
Day 23			Day 48	
Day 24			Day 49	
Day 25			Day 50	50km 8 th ride

Call us on 01502 741155 to book or online at www.CycleRecycleUK.com